



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Rünzi, Eric

Club: SG Darlingerode/Drübeck/Ilseburg
Number: 627

Course: 3.90 km
3,9 km - Lauf

Category:
männliche Jugend U16 (14-15 Jahre)

Total time: 22:17

Speed: 8.08 km/h
Running performance: 5:43 min/km

Rank in course/Total: 29 (of 41)

Rank in course/Men: 22 (of 26)

Best time in course: 14:52

Rank in category: 13(of 13)

Best time in the category: 16:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Prinzess Ilse Que	1.90	10:56	5:45	12	2:13	18	3:24	1.90	10:56	5:45	12	2:13	6	0:52
Ilseburg/Markt	2.00	11:21	5:40	13	3:12	22	4:01	3.90	22:17	5:42	13	5:25	22	7:25