



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Geske, Mandy

Club: VLV Oberzwota
Number: 11

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:27:27

Speed: 10.58 km/h
Running performance: 5:38 min/km

Rank in course/Total: 137 (of 456)

Rank in course/Women: 8 (of 57)

Best time in course: 2:11:42

Rank in category: 1(of 13)

Best time in the category: 2:27:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:34	5:37	1	-	12	2:53	3.30	18:34	5:37	1	-	37	
Schlüsie	3.10	20:02	6:27	1	-	11	2:38	6.40	38:36	6:01	1	-	37	
Hermannsklippe	2.60	18:14	7:00	1	-	10	2:58	9.00	56:50	6:18	1	-	37	
Brocken	3.10	30:21	9:47	2	0:01	12	5:56	12.10	1:27:11	7:12	1	-	37	
Eiserner Handwe	3.60	16:22	4:32	1	-	5	0:31	15.70	1:43:33	6:35	1	-	37	
Schlüsie	4.10	15:46	3:50	1	-	6	1:23	19.80	1:59:19	6:01	1	-	37	
Loddenke	3.10	13:13	4:15	1	-	6	0:58	22.90	2:12:32	5:47	1	-	37	
Ilseburg/Markt	3.30	14:55	4:31	1	-	6	1:35	26.20	2:27:27	5:37	1	-	8	15:45