



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Ungethüm, Ute

Club: SV Lok Blankenburg 1949 e.V.
Number: 581

Course: 9.60 km
9,6 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 53:51

Speed: 10.03 km/h
Running performance: 5:37 min/km

Rank in course/Total: 84 (of 170)
Rank in course/Women: 20 (of 59)
Best time in course: 40:00

Rank in category: 1(of 5)
Best time in the category: 53:51

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	27:15	6:38	1	-	20	7:15	4.10	27:15	6:38	5	-	20	13:51
Loddenke	2.20	10:25	4:44	1	-	16	2:37	6.30	37:40	5:58	5	-	16	2:37
Ilseburg/Markt	3.30	16:11	4:54	1	-	23	4:02	9.60	53:51	5:36	1	-	23	4:02