



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

**Brenz, Andraes**

Club: Wernigerode  
Number: 178

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:30:21

Speed: 10.38 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 151 (of 456)

Rank in course/Men: 143 (of 399)

Best time in course: 1:39:03

Rank in category: 32(of 99)

Best time in the category: 2:00:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:39	4:44	8	1:27	42	3:08	3.30	15:39	4:44	94		143	3:04
Schlüsie	3.10	19:18	6:13	28	3:14	128	5:56	6.40	34:57	5:27	94		71	8:57
Hermannsklippe	2.60	18:47	7:13	45	4:32	206	7:14	9.00	53:44	5:58	94		143	16:04
Brocken	3.10	31:58	10:18	54	9:20	230	13:57	12.10	1:25:42	7:04	94		143	29:38
Eiserner Handwe	3.60	17:05	4:44	28	2:42	107	5:02	15.70	1:42:47	6:32	94		143	34:37
Schlüsie	4.10	16:54	4:07	31	2:54	125	5:56	19.80	1:59:41	6:02	94		143	40:33
Loddenke	3.10	14:31	4:40	38	3:22	152	5:07	22.90	2:14:12	5:51	94		143	45:40
Ilseburg/Markt	3.30	16:09	4:53	36	4:02	150	5:38	26.20	2:30:21	5:44	32	29:55	143	51:18