



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Fehse, Dominic

Club: Laufteam Teppichrampe
Number: 462

Course: 26.20 km
26,2 km - Lauf

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 2:30:54

Speed: 10.34 km/h
Running performance: 5:46 min/km

Rank in course/Total: 155 (of 456)

Rank in course/Men: 146 (of 399)

Best time in course: 1:39:03

Rank in category: 1(of 1)

Best time in the category: 2:30:54

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:18	5:50	1	-	185	6:47	3.30	19:18	5:50	1	-	108	6:43
Schlüsie	3.10	19:31	6:17	1	-	141	6:09	6.40	38:49	6:03	1	-	146	12:49
Hermannsklippe	2.60	16:53	6:29	1	-	105	5:20	9.00	55:42	6:11	1	-	146	18:02
Brocken	3.10	29:50	9:37	1	-	155	11:49	12.10	1:25:32	7:04	1	-	146	29:28
Eiserner Handwe	3.60	18:57	5:15	1	-	196	6:54	15.70	1:44:29	6:39	1	-	135	36:19
Schlüsie	4.10	16:52	4:06	1	-	124	5:54	19.80	2:01:21	6:07	1	-	146	42:13
Loddenke	3.10	13:37	4:23	1	-	97	4:13	22.90	2:14:58	5:53	1	-	146	46:26
Ilseburg/Markt	3.30	15:56	4:49	1	-	140	5:25	26.20	2:30:54	5:45	1	-	146	51:51