



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Wolff, Michael

Club: Berlin
Number: 427

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:31:22

Speed: 10.31 km/h
Running performance: 5:47 min/km

Rank in course/Total: 157 (of 456)

Rank in course/Men: 148 (of 399)

Best time in course: 1:39:03

Rank in category: 25(of 63)

Best time in the category: 2:02:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:53	5:43	28	4:05	173	6:22	3.30	18:53	5:43	57		148	6:18
Schlüsie	3.10	19:30	6:17	25	3:09	139	6:08	6.40	38:23	5:59	57		148	12:23
Hermannsklippe	2.60	17:30	6:43	24	3:13	139	5:57	9.00	55:53	6:12	57		148	18:13
Brocken	3.10	29:37	9:33	25	6:42	151	11:36	12.10	1:25:30	7:03	57		148	29:26
Eiserner Handwe	3.60	17:19	4:48	17	2:36	121	5:16	15.70	1:42:49	6:32	57		148	34:39
Schlüsie	4.10	17:23	4:14	22	3:39	149	6:25	19.80	2:00:12	6:04	57		148	41:04
Loddenke	3.10	14:34	4:41	23	2:49	156	5:10	22.90	2:14:46	5:53	57		148	46:14
Ilseburg/Markt	3.30	16:36	5:01	28	3:28	177	6:05	26.20	2:31:22	5:46	25	28:48	148	52:19