



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Lüdtke, Mathias

Club: fettleibige Ballenstedter
Number: 402

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:31:43

Speed: 10.36 km/h
Running performance: 5:47 min/km

Rank in course/Total: 158 (of 456)

Rank in course/Men: 149 (of 399)

Best time in course: 1:39:03

Rank in category: 26(of 63)

Best time in the category: 2:02:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:14	5:31	24	3:26	148	5:43	3.30	18:14	5:31	58		149	5:39
Schlüsie	3.10	19:20	6:14	23	2:59	131	5:58	6.40	37:34	5:52	58		125	11:34
Hermannsklippe	2.60	17:05	6:34	21	2:48	118	5:32	9.00	54:39	6:04	58		149	16:59
Brocken	3.10	31:45	10:14	34	8:50	219	13:44	12.10	1:26:24	7:08	58		149	30:20
Eiserner Handwe	3.60	17:33	4:52	24	2:50	141	5:30	15.70	1:43:57	6:37	58		149	35:47
Schlüsie	4.10	17:00	4:08	14	3:16	130	6:02	19.80	2:00:57	6:06	58		149	41:49
Loddenke	3.10	14:34	4:41	23	2:49	156	5:10	22.90	2:15:31	5:55	58		149	46:59
Ilseburg/Markt	3.30	16:12	4:54	24	3:04	155	5:41	26.20	2:31:43	5:47	26	29:09	149	52:40