



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Weilandt, Klaus

Club: VT Union Gr. Ilsede
Number: 235

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:32:07

Speed: 10.33 km/h
Running performance: 5:49 min/km

Rank in course/Total: 161 (of 456)

Rank in course/Men: 151 (of 399)

Best time in course: 1:39:03

Rank in category: 5(of 30)

Best time in the category: 2:11:15

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:15	5:31	6	2:18	149	5:44	3.30	18:15	5:31	27		151	5:40
Schlüsie	3.10	19:18	6:13	3	2:26	128	5:56	6.40	37:33	5:52	27		151	11:33
Hermannsklippe	2.60	17:19	6:39	3	2:07	131	5:46	9.00	54:52	6:05	27		151	17:12
Brocken	3.10	30:48	9:56	6	4:38	191	12:47	12.10	1:25:40	7:04	27		151	29:36
Eiserner Handwe	3.60	17:22	4:49	4	1:48	124	5:19	15.70	1:43:02	6:33	27		151	34:52
Schlüsie	4.10	17:21	4:13	5	2:18	148	6:23	19.80	2:00:23	6:04	27		151	41:15
Loddenke	3.10	15:02	4:50	6	2:19	186	5:38	22.90	2:15:25	5:54	27		151	46:53
Ilseburg/Markt	3.30	16:42	5:03	9	2:58	184	6:11	26.20	2:32:07	5:48	5	20:52	151	53:04