



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Kleinschmidt, Jörn

Club: Wolfsburg
Number: 25

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:32:26

Speed: 10.23 km/h
Running performance: 5:49 min/km

Rank in course/Total: 163 (of 456)

Rank in course/Men: 153 (of 399)

Best time in course: 1:39:03

Rank in category: 29(of 55)

Best time in the category: 1:50:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:28	5:17	22	4:05	110	4:57	3.30	17:28	5:17	2		153	4:53
Schlüsie	3.10	18:46	6:03	19	4:19	105	5:24	6.40	36:14	5:39	2		81	10:14
Hermannsklippe	2.60	17:17	6:38	25	4:17	129	5:44	9.00	53:31	5:56	2		153	15:51
Brocken	3.10	32:11	10:22	44	11:53	235	14:10	12.10	1:25:42	7:04	2		143	29:38
Eiserner Handwe	3.60	17:10	4:46	18	3:52	112	5:07	15.70	1:42:52	6:33	2		153	34:42
Schlüsie	4.10	17:57	4:22	36	5:35	173	6:59	19.80	2:00:49	6:06	2		153	41:41
Loddenke	3.10	15:19	4:56	37	4:47	203	5:55	22.90	2:16:08	5:56	2		153	47:36
Ilseburg/Markt	3.30	16:18	4:56	29	4:11	163	5:47	26.20	2:32:26	5:49	29	42:04	153	53:23