



43. Brockenlauf
Ilsenburg / 07.09.2013

Detailed evaluation

Wehmeier, Nicole

Club: Brockenlaufverein Ilsenburg
Number: 358

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 2:32:30

Speed: 10.23 km/h
Running performance: 5:49 min/km

Rank in course/Total: 164 (of 456)

Rank in course/Women: 11 (of 57)

Best time in course: 2:11:42

Rank in category: 3(of 4)

Best time in the category: 2:11:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	18:21	5:33	3	2:38	10	2:40	3.30	18:21	5:33	3	2:38	40	
Schlüsie	3.10	19:31	6:17	3	2:07	9	2:07	6.40	37:52	5:54	3	4:45	40	
Hermannsklippe	2.60	18:14	7:00	3	2:58	10	2:58	9.00	56:06	6:14	3	7:43	40	
Brocken	3.10	30:08	9:43	4	5:21	10	5:43	12.10	1:26:14	7:07	3	13:04	40	
Eiserner Handwe	3.60	18:03	5:00	3	2:12	12	2:12	15.70	1:44:17	6:38	3	15:05	40	
Schlüsie	4.10	17:14	4:12	4	2:51	12	2:51	19.80	2:01:31	6:08	3	16:54	40	
Loddenke	3.10	14:46	4:45	4	2:06	20	2:31	22.90	2:16:17	5:57	3	18:36	40	
Ilsenburg/Markt	3.30	16:13	4:54	3	2:30	16	2:53	26.20	2:32:30	5:49	3	20:48	11	20:48