



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Schulz, Wolfgang

Club: TSV Kirchdorf
Number: 171

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:34:29

Speed: 10.10 km/h
Running performance: 5:54 min/km

Rank in course/Total: 176 (of 456)

Rank in course/Men: 165 (of 399)

Best time in course: 1:39:03

Rank in category: 39(of 99)

Best time in the category: 2:00:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:32	5:00	18	2:20	76	4:01	3.30	16:32	5:00	87		165	3:57
Schlüsie	3.10	20:04	6:28	36	4:00	176	6:42	6.40	36:36	5:43	87		165	10:36
Hermannsklippe	2.60	18:09	6:58	37	3:54	176	6:36	9.00	54:45	6:04	87		165	17:05
Brocken	3.10	31:24	10:07	49	8:46	210	13:23	12.10	1:26:09	7:07	87		145	30:05
Eiserner Handwe	3.60	17:29	4:51	35	3:06	136	5:26	15.70	1:43:38	6:36	87		165	35:28
Schlüsie	4.10	20:08	4:54	65	6:08	269	9:10	19.80	2:03:46	6:15	87		165	44:38
Loddenke	3.10	14:41	4:44	43	3:32	167	5:17	22.90	2:18:27	6:02	87		165	49:55
Ilseburg/Markt	3.30	16:02	4:51	34	3:55	145	5:31	26.20	2:34:29	5:53	39	34:03	165	55:26