



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Thiele, Gabi

Club: WSV Ilmenau
Number: 354

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:34:39

Speed: 10.09 km/h
Running performance: 5:54 min/km

Rank in course/Total: 177 (of 456)

Rank in course/Women: 12 (of 57)

Best time in course: 2:11:42

Rank in category: 2(of 13)

Best time in the category: 2:27:27

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:20	5:51	2	0:46	18	3:39	3.30	19:20	5:51	2	0:46	41	
Schlüsie	3.10	21:14	6:50	3	1:12	20	3:50	6.40	40:34	6:20	2	1:58	41	
Hermannsklippe	2.60	19:12	7:23	4	0:58	20	3:56	9.00	59:46	6:38	2	2:56	41	
Brocken	3.10	30:20	9:47	1	-	11	5:55	12.10	1:30:06	7:26	2	2:55	41	
Eiserner Handwe	3.60	17:22	4:49	2	1:00	9	1:31	15.70	1:47:28	6:50	2	3:55	41	
Schlüsie	4.10	17:31	4:16	2	1:45	13	3:08	19.80	2:04:59	6:18	2	5:40	41	
Loddenke	3.10	14:18	4:36	2	1:05	11	2:03	22.90	2:19:17	6:04	2	6:45	41	
Ilseburg/Markt	3.30	15:22	4:39	3	0:27	11	2:02	26.20	2:34:39	5:54	2	7:12	12	22:57