



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Fürer, Michael

Club: LC BlueLiner
Number: 141

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:34:40

Speed: 10.09 km/h
Running performance: 5:54 min/km

Rank in course/Total: 178 (of 456)

Rank in course/Men: 166 (of 399)

Best time in course: 1:39:03

Rank in category: 35(of 55)

Best time in the category: 1:50:22

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:49	6:00	45	6:26	230	7:18	3.30	19:49	6:00	8	1:34	166	7:14
Schlüsie	3.10	20:49	6:42	40	6:22	210	7:27	6.40	40:38	6:20	8	1:46	166	14:38
Hermannsklippe	2.60	19:25	7:28	46	6:25	231	7:52	9.00	1:00:03	6:40	8	2:28	166	22:23
Brocken	3.10	30:03	9:41	30	9:45	166	12:02	12.10	1:30:06	7:26	8		166	34:02
Eiserner Handwe	3.60	17:12	4:46	19	3:54	113	5:09	15.70	1:47:18	6:50	8		166	39:08
Schlüsie	4.10	16:45	4:05	26	4:23	120	5:47	19.80	2:04:03	6:15	8		166	44:55
Loddenke	3.10	14:34	4:41	27	4:02	156	5:10	22.90	2:18:37	6:03	8		166	50:05
Ilseburg/Markt	3.30	16:03	4:51	26	3:56	148	5:32	26.20	2:34:40	5:54	35	44:18	166	55:37