



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Schulze, Jörn

Club: SGL-Berlin Rahnsdorf
Number: 107

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:35:01

Speed: 10.14 km/h
Running performance: 5:55 min/km

Rank in course/Total: 179 (of 456)

Rank in course/Men: 167 (of 399)

Best time in course: 1:39:03

Rank in category: 16(of 32)

Best time in the category: 1:39:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:15	6:08	26	7:40	250	7:44	3.30	20:15	6:08	18	0:46	167	7:40
Schlüsie	3.10	20:19	6:33	19	6:54	191	6:57	6.40	40:34	6:20	18	1:31	167	14:34
Hermannsklippe	2.60	17:44	6:49	15	6:04	148	6:11	9.00	58:18	6:28	18	1:27	167	20:38
Brocken	3.10	27:44	8:56	15	9:20	104	9:43	12.10	1:26:02	7:06	18		142	29:58
Eiserner Handwe	3.60	19:33	5:25	25	7:27	223	7:30	15.70	1:45:35	6:43	18		167	37:25
Schlüsie	4.10	18:12	4:26	18	7:14	181	7:14	19.80	2:03:47	6:15	18		167	44:39
Loddenke	3.10	14:34	4:41	16	5:10	156	5:10	22.90	2:18:21	6:02	18		167	49:49
Ilseburg/Markt	3.30	16:40	5:03	18	6:09	183	6:09	26.20	2:35:01	5:55	16	55:58	167	55:58