



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

De Ruiter, Floris

Club: SV Toitonia Sorsun
Number: 718

Course: 3.90 km
3,9 km - Lauf

Category:
männliche Jugend U18 (16-17 Jahre)

Total time: 23:40

Speed: 7.61 km/h
Running performance: 6:04 min/km

Rank in course/Total: 33 (of 41)

Rank in course/Men: 25 (of 26)

Best time in course: 14:52

Rank in category: 1(of 1)

Best time in the category: 23:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Prinzess Ilse Que	1.90	11:57	6:17	1	-	24	4:25	1.90	11:57	6:17	1	-	3	1:53
Ilseburg/Markt	2.00	11:43	5:51	1	-	25	4:23	3.90	23:40	6:04	1	-	25	8:48