



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Bolle, Dietmar

Club: LTV Obereichsfeld
Number: 477

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:35:43

Speed: 10.02 km/h
Running performance: 5:56 min/km

Rank in course/Total: 184 (of 456)

Rank in course/Men: 171 (of 399)

Best time in course: 1:39:03

Rank in category: 28(of 63)

Best time in the category: 2:02:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:29	5:17	12	2:41	112	4:58	3.30	17:29	5:17	45		98	4:54
Schlüsie	3.10	19:37	6:19	26	3:16	152	6:15	6.40	37:06	5:47	60		172	11:06
Hermannsklippe	2.60	18:03	6:56	28	3:46	168	6:30	9.00	55:09	6:07	60		76	17:29
Brocken	3.10	30:40	9:53	30	7:45	188	12:39	12.10	1:25:49	7:05	60		172	29:45
Eiserner Handwe	3.60	17:53	4:58	25	3:10	149	5:50	15.70	1:43:42	6:36	60		172	35:32
Schlüsie	4.10	18:00	4:23	23	4:16	175	7:02	19.80	2:01:42	6:08	60		172	42:34
Loddenke	3.10	16:11	5:13	36	4:26	244	6:47	22.90	2:17:53	6:01	60		172	49:21
Ilseburg/Markt	3.30	17:50	5:24	35	4:42	234	7:19	26.20	2:35:43	5:56	28	33:09	171	56:40