



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Schmidt, Carolin

Club: Lüneburg
Number: 229

Course: 26.20 km
26,2 km - Lauf

Category:
Frauen (20-29 Jahre)

Total time: 2:35:47

Speed: 10.01 km/h
Running performance: 5:57 min/km

Rank in course/Total: 185 (of 456)

Rank in course/Women: 13 (of 57)

Best time in course: 2:11:42

Rank in category: 3(of 7)

Best time in the category: 2:12:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	17:28	5:17	3	1:47	9	1:47	3.30	17:28	5:17	3	0:38	42	
Schlüsie	3.10	20:23	6:34	3	2:57	12	2:59	6.40	37:51	5:54	3	3:35	42	
Hermannsklippe	2.60	19:31	7:30	5	4:01	22	4:15	9.00	57:22	6:22	3	7:36	42	
Brocken	3.10	32:09	10:22	3	6:06	25	7:44	12.10	1:29:31	7:23	3	13:42	42	
Eiserner Handwe	3.60	18:25	5:06	3	2:19	13	2:34	15.70	1:47:56	6:52	3	16:01	42	
Schlüsie	4.10	19:10	4:40	6	4:12	28	4:47	19.80	2:07:06	6:25	3	20:13	42	
Loddenke	3.10	13:53	4:28	3	1:38	8	1:38	22.90	2:20:59	6:09	3	21:51	42	
Ilseburg/Markt	3.30	14:48	4:29	2	1:28	4	1:28	26.20	2:35:47	5:56	3	23:19	13	24:05