



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Dunemann, Jens

Club: Team Trollmusic - Harz
Number: 153

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:36:01

Speed: 10.00 km/h
Running performance: 5:57 min/km

Rank in course/Total: 187 (of 456)

Rank in course/Men: 174 (of 399)

Best time in course: 1:39:03

Rank in category: 18(of 39)

Best time in the category: 1:50:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:53	6:01	24	6:01	234	7:22	3.30	19:53	6:01	38		174	7:18
Schlüsie	3.10	21:19	6:52	27	6:16	232	7:57	6.40	41:12	6:26	38		174	15:12
Hermannsklippe	2.60	18:34	7:08	24	5:32	200	7:01	9.00	59:46	6:38	38		174	22:06
Brocken	3.10	29:35	9:32	18	9:03	150	11:34	12.10	1:29:21	7:23	38		174	33:17
Eiserner Handwe	3.60	18:39	5:10	22	5:43	181	6:36	15.70	1:48:00	6:52	38		174	39:50
Schlüsie	4.10	18:17	4:27	21	5:58	185	7:19	19.80	2:06:17	6:22	38		174	47:09
Loddenke	3.10	14:54	4:48	18	4:22	178	5:30	22.90	2:21:11	6:09	38		174	52:39
Ilseburg/Markt	3.30	14:50	4:29	11	2:42	87	4:19	26.20	2:36:01	5:57	18	45:37	174	56:58