



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Heinrich, Marko

Club: Magdeburg
Number: 10

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:36:41

Speed: 9.96 km/h
Running performance: 5:59 min/km

Rank in course/Total: 193 (of 456)

Rank in course/Men: 180 (of 399)

Best time in course: 1:39:03

Rank in category: 26(of 40)

Best time in the category: 1:41:42

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:32	5:18	20	5:01	114	5:01	3.30	17:32	5:18	6		180	4:57
Schlüsie	3.10	18:37	6:00	19	5:15	100	5:15	6.40	36:09	5:38	6		180	10:09
Hermannsklippe	2.60	16:29	6:20	17	4:56	91	4:56	9.00	52:38	5:50	6		99	14:58
Brocken	3.10	29:03	9:22	24	11:02	135	11:02	12.10	1:21:41	6:45	6		180	25:37
Eiserner Handwe	3.60	18:37	5:10	25	6:34	177	6:34	15.70	1:40:18	6:23	6		180	32:08
Schlüsie	4.10	20:47	5:04	35	9:25	291	9:49	19.80	2:01:05	6:06	6		157	41:57
Loddenke	3.10	17:39	5:41	35	7:32	305	8:15	22.90	2:18:44	6:03	6		180	50:12
Ilseburg/Markt	3.30	17:57	5:26	31	6:31	243	7:26	26.20	2:36:41	5:58	26	54:59	180	57:38