



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Kurzeja, Dawid

Club: Salzgitter  
Number: 314

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:37:04

Speed: 9.93 km/h  
Running performance: 5:59 min/km

Rank in course/Total: 195 (of 456)

Rank in course/Men: 182 (of 399)

Best time in course: 1:39:03

Rank in category: 28(of 40)

Best time in the category: 1:41:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:45	5:59	28	7:14	226	7:14	3.30	19:45	5:59	8		182	7:10
Schlüsie	3.10	20:32	6:37	30	7:10	199	7:10	6.40	40:17	6:17	8		156	14:17
Hermannsklippe	2.60	18:05	6:57	28	6:32	171	6:32	9.00	58:22	6:29	8		182	20:42
Brocken	3.10	28:21	9:08	20	10:20	115	10:20	12.10	1:26:43	7:10	8		182	30:39
Eiserner Handwe	3.60	21:28	5:57	33	9:25	285	9:25	15.70	1:48:11	6:53	8		182	40:01
Schlüsie	4.10	19:32	4:45	30	8:10	245	8:34	19.80	2:07:43	6:27	8		182	48:35
Loddenke	3.10	14:15	4:35	25	4:08	137	4:51	22.90	2:21:58	6:11	8		182	53:26
Ilseburg/Markt	3.30	15:06	4:34	21	3:40	102	4:35	26.20	2:37:04	5:59	28	55:22	182	58:01