



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Becker, Torsten

Club: Hannover
Number: 36

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:37:14

Speed: 9.92 km/h
Running performance: 6:00 min/km

Rank in course/Total: 196 (of 456)

Rank in course/Men: 183 (of 399)

Best time in course: 1:39:03

Rank in category: 42(of 99)

Best time in the category: 2:00:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Loddenke	3.30	18:34	5:37	37	4:22	162	6:03	3.30	18:34	5:37	84		132	5:59
Schlüsie	3.10	19:39	6:20	33	3:35	155	6:17	6.40	38:13	5:58	84		183	12:13
Hermannsklippe	2.60	17:21	6:40	26	3:06	134	5:48	9.00	55:34	6:10	84		183	17:54
Brocken	3.10	28:45	9:16	25	6:07	127	10:44	12.10	1:24:19	6:58	84		183	28:15
Eiserner Handwe	3.60	18:45	5:12	47	4:22	184	6:42	15.70	1:43:04	6:33	84		183	34:54
Schlüsie	4.10	18:40	4:33	48	4:40	199	7:42	19.80	2:01:44	6:08	84		183	42:36
Loddenke	3.10	18:18	5:54	78	7:09	317	8:54	22.90	2:20:02	6:06	84		183	51:30
Ilseburg/Markt	3.30	17:12	5:12	51	5:05	204	6:41	26.20	2:37:14	6:00	42	36:48	183	58:11