



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Halfpap, Jörg

Club: TSV Warzen
Number: 260

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:37:24

Speed: 9.91 km/h
Running performance: 6:01 min/km

Rank in course/Total: 197 (of 456)

Rank in course/Men: 184 (of 399)

Best time in course: 1:39:03

Rank in category: 43(of 99)

Best time in the category: 2:00:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:30	5:54	48	5:18	208	6:59	3.30	19:30	5:54	83		184	6:55
Schlüsie	3.10	21:21	6:53	57	5:17	235	7:59	6.40	40:51	6:22	83		184	14:51
Hermannsklippe	2.60	19:21	7:26	55	5:06	227	7:48	9.00	1:00:12	6:41	83		184	22:32
Brocken	3.10	31:29	10:09	50	8:51	212	13:28	12.10	1:31:41	7:34	83		184	35:37
Eiserner Handwe	3.60	17:49	4:56	38	3:26	148	5:46	15.70	1:49:30	6:58	83		184	41:20
Schlüsie	4.10	17:15	4:12	35	3:15	142	6:17	19.80	2:06:45	6:24	83		184	47:37
Loddenke	3.10	14:06	4:32	31	2:57	128	4:42	22.90	2:20:51	6:09	83		184	52:19
Ilseburg/Markt	3.30	16:33	5:00	43	4:26	175	6:02	26.20	2:37:24	6:00	43	36:58	184	58:21