



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

von Iven, Katrin

Club: LSG Ascania Aschersleben
Number: 331

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 2:39:03

Speed: 9.81 km/h
Running performance: 6:04 min/km

Rank in course/Total: 207 (of 456)

Rank in course/Women: 15 (of 57)

Best time in course: 2:11:42

Rank in category: 3(of 13)

Best time in the category: 2:27:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Pos	Cat.	Women				Cat.	Pos	Cat.	Women
Loddenke	3.30	19:42	5:58	3	20	1:08	4:01	3.30	19:42	5:58	3	30	1:08	30
Schlüsie	3.10	20:55	6:44	2	17	0:53	3:31	6.40	40:37	6:20	3	30	2:01	30
Hermannsklippe	2.60	18:48	7:13	3	14	0:34	3:32	9.00	59:25	6:36	3	30	2:35	30
Brocken	3.10	31:40	10:12	4	19	1:20	7:15	12.10	1:31:05	7:31	3	30	3:54	30
Eiserner Handwe	3.60	19:13	5:20	4	21	2:51	3:22	15.70	1:50:18	7:01	3	30	6:45	30
Schlüsie	4.10	17:41	4:18	3	14	1:55	3:18	19.80	2:07:59	6:27	3	30	8:40	30
Loddenke	3.10	14:32	4:41	3	13	1:19	2:17	22.90	2:22:31	6:13	3	30	9:59	30
Ilseburg/Markt	3.30	16:32	5:00	4	19	1:37	3:12	26.20	2:39:03	6:04	3	15	11:36	27:21