



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

von Iven, Katrin

Club: LSG Ascania Aschersleben  
Number: 331

Course: 26.20 km  
26,2 km - Lauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 2:39:03

Speed: 9.81 km/h  
Running performance: 6:04 min/km

Rank in course/Total: 207 (of 456)

Rank in course/Women: 15 (of 57)

Best time in course: 2:11:42

Rank in category: 3(of 13)

Best time in the category: 2:27:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:42	5:58	3	1:08	20	4:01	3.30	19:42	5:58	3	1:08	30	
Schlüsie	3.10	20:55	6:44	2	0:53	17	3:31	6.40	40:37	6:20	3	2:01	30	
Hermannsklippe	2.60	18:48	7:13	3	0:34	14	3:32	9.00	59:25	6:36	3	2:35	30	
Brocken	3.10	31:40	10:12	4	1:20	19	7:15	12.10	1:31:05	7:31	3	3:54	30	
Eiserner Handwe	3.60	19:13	5:20	4	2:51	21	3:22	15.70	1:50:18	7:01	3	6:45	30	
Schlüsie	4.10	17:41	4:18	3	1:55	14	3:18	19.80	2:07:59	6:27	3	8:40	30	
Loddenke	3.10	14:32	4:41	3	1:19	13	2:17	22.90	2:22:31	6:13	3	9:59	30	
Ilseburg/Markt	3.30	16:32	5:00	4	1:37	19	3:12	26.20	2:39:03	6:04	3	11:36	15	27:21