



43. Brockenlauf

Ilseburg / 07.09.2013

Detailed evaluation

Dehrmann, Peter

Club: VfL Sudenburg
Number: 434

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:39:20

Speed: 9.79 km/h
Running performance: 6:05 min/km

Rank in course/Total: 209 (of 456)

Rank in course/Men: 194 (of 399)

Best time in course: 1:39:03

Rank in category: 47(of 99)

Best time in the category: 2:00:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:53	6:01	56	5:41	234	7:22	3.30	19:53	6:01	79		174	7:18
Schlüsie	3.10	20:37	6:39	45	4:33	200	7:15	6.40	40:30	6:19	79		188	14:30
Hermannsklippe	2.60	18:04	6:56	36	3:49	169	6:31	9.00	58:34	6:30	79		193	20:54
Brocken	3.10	32:18	10:25	55	9:40	240	14:17	12.10	1:30:52	7:30	79		193	34:48
Eiserner Handwe	3.60	19:56	5:32	59	5:33	238	7:53	15.70	1:50:48	7:03	79		193	42:38
Schlüsie	4.10	18:27	4:30	44	4:27	190	7:29	19.80	2:09:15	6:31	79		193	50:07
Loddenke	3.10	14:17	4:36	37	3:08	143	4:53	22.90	2:23:32	6:16	79		193	55:00
Ilseburg/Markt	3.30	15:48	4:47	31	3:41	133	5:17	26.20	2:39:20	6:04	47	38:54	194	1:00:17