



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Dörntge, Andreas

Club: Team Pirate
Number: 12

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:40:16

Speed: 9.73 km/h
Running performance: 6:07 min/km

Rank in course/Total: 215 (of 456)

Rank in course/Men: 200 (of 399)

Best time in course: 1:39:03

Rank in category: 49(of 99)

Best time in the category: 2:00:26

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:15	5:50	44	5:03	184	6:44	3.30	19:15	5:50	77		200	6:40
Schlüsie	3.10	20:51	6:43	50	4:47	214	7:29	6.40	40:06	6:15	77		200	14:06
Hermannsklippe	2.60	19:20	7:26	54	5:05	226	7:47	9.00	59:26	6:36	77		200	21:46
Brocken	3.10	34:03	10:59	68	11:25	281	16:02	12.10	1:33:29	7:43	77		200	37:25
Eiserner Handwe	3.60	18:01	5:00	39	3:38	156	5:58	15.70	1:51:30	7:06	77		200	43:20
Schlüsie	4.10	18:39	4:32	47	4:39	197	7:41	19.80	2:10:09	6:34	77		200	51:01
Loddenke	3.10	14:38	4:43	41	3:29	164	5:14	22.90	2:24:47	6:19	77		200	56:15
Ilseburg/Markt	3.30	15:29	4:41	29	3:22	122	4:58	26.20	2:40:16	6:07	49	39:50	200	1:01:13