



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Engeser, Bernhard

Club: Burgdorf  
Number: 346

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 2:40:23

Speed: 9.73 km/h  
Running performance: 6:07 min/km

Rank in course/Total: 219 (of 456)

Rank in course/Men: 202 (of 399)

Best time in course: 1:39:03

Rank in category: 2(of 20)

Best time in the category: 2:22:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:14	5:49	2	2:28	181	6:43	3.30	19:14	5:49	20		202	6:39
Schlüsie	3.10	21:19	6:52	2	2:21	232	7:57	6.40	40:33	6:20	20		202	14:33
Hermannsklippe	2.60	19:18	7:25	3	2:09	224	7:45	9.00	59:51	6:39	20		135	22:11
Brocken	3.10	30:07	9:42	2	2:09	168	12:06	12.10	1:29:58	7:26	20		202	33:54
Eiserner Handwe	3.60	20:32	5:42	7	3:59	259	8:29	15.70	1:50:30	7:02	20		202	42:20
Schlüsie	4.10	18:54	4:36	4	2:41	214	7:56	19.80	2:09:24	6:32	20		202	50:16
Loddenke	3.10	15:08	4:52	2	1:23	189	5:44	22.90	2:24:32	6:18	20		202	56:00
Ilseburg/Markt	3.30	15:51	4:48	2	0:24	137	5:20	26.20	2:40:23	6:07	2	17:34	202	1:01:20