



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

**Krause, Matthias**

Club: Team Erdinger Alkoholfrei  
Number: 200

Course: 26.20 km  
26,2 km - Lauf

Category:  
Männer (20-29 Jahre)

Total time: 2:40:58

Speed: 9.69 km/h  
Running performance: 6:08 min/km

Rank in course/Total: 226 (of 456)

Rank in course/Men: 209 (of 399)

Best time in course: 1:39:03

Rank in category: 30(of 40)

Best time in the category: 1:41:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:52	5:24	21	5:21	126	5:21	3.30	17:52	5:24	10		208	5:17
Schlüsie	3.10	19:37	6:19	24	6:15	152	6:15	6.40	37:29	5:51	10		147	11:29
Hermannsklippe	2.60	18:04	6:56	27	6:31	169	6:31	9.00	55:33	6:10	10		208	17:53
Brocken	3.10	33:56	10:56	34	15:55	277	15:55	12.10	1:29:29	7:23	10		208	33:25
Eiserner Handwe	3.60	19:24	5:23	28	7:21	215	7:21	15.70	1:48:53	6:56	10		205	40:43
Schlüsie	4.10	19:39	4:47	31	8:17	250	8:41	19.80	2:08:32	6:29	10		190	49:24
Loddenke	3.10	15:28	4:59	28	5:21	214	6:04	22.90	2:24:00	6:17	10		207	55:28
Ilseburg/Markt	3.30	16:58	5:08	28	5:32	196	6:27	26.20	2:40:58	6:08	30	59:16	209	1:01:55