



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Stucke, Heidrun

Club: Hemmingen
Number: 291

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 2:41:28

Speed: 9.66 km/h
Running performance: 6:10 min/km

Rank in course/Total: 228 (of 456)

Rank in course/Women: 18 (of 57)

Best time in course: 2:11:42

Rank in category: 2(of 8)

Best time in the category: 2:23:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:39	6:15	3	3:29	31	4:58	3.30	20:39	6:15	2	3:29	47	
Schlüsie	3.10	21:59	7:05	2	2:58	27	4:35	6.40	42:38	6:39	2	6:27	47	
Hermannsklippe	2.60	19:10	7:22	2	2:16	19	3:54	9.00	1:01:48	6:51	2	8:43	47	
Brocken	3.10	31:24	10:07	3	6:59	17	6:59	12.10	1:33:12	7:42	2	15:42	47	
Eiserner Handwe	3.60	19:24	5:23	2	1:44	23	3:33	15.70	1:52:36	7:10	2	17:26	47	
Schlüsie	4.10	18:40	4:33	2	1:34	18	4:17	19.80	2:11:16	6:37	2	19:00	47	
Loddenke	3.10	14:36	4:42	2	0:01	15	2:21	22.90	2:25:52	6:22	2	19:01	47	
Ilseburg/Markt	3.30	15:36	4:43	1	-	12	2:16	26.20	2:41:28	6:09	2	17:55	18	29:46