



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Nolle, Timo

Club: Alpin Club Kassel
Number: 284

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:41:58

Speed: 9.63 km/h
Running performance: 6:11 min/km

Rank in course/Total: 230 (of 456)

Rank in course/Men: 211 (of 399)

Best time in course: 1:39:03

Rank in category: 24(of 32)

Best time in the category: 1:39:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Loddenke	3.30	20:16	6:08	27	7:41	252	7:45	3.30	20:16	6:08	10	0:47	204	7:41
Schlüsie	3.10	21:29	6:55	26	8:04	243	8:07	6.40	41:45	6:31	10	2:42	211	15:45
Hermannsklippe	2.60	19:35	7:31	25	7:55	237	8:02	9.00	1:01:20	6:48	10	4:29	211	23:40
Brocken	3.10	31:02	10:00	20	12:38	196	13:01	12.10	1:32:22	7:38	10	5:03	211	36:18
Eiserner Handwe	3.60	19:16	5:21	23	7:10	212	7:13	15.70	1:51:38	7:06	10	5:05	211	43:28
Schlüsie	4.10	19:14	4:41	23	8:16	232	8:16	19.80	2:10:52	6:36	10	5:57	211	51:44
Loddenke	3.10	14:36	4:42	17	5:12	162	5:12	22.90	2:25:28	6:21	10	6:08	211	56:56
Ilseburg/Markt	3.30	16:30	5:00	17	5:59	171	5:59	26.20	2:41:58	6:10	24	1:02:55	211	1:02:55