



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Kreibohm, Sabrina

Club: MTV Goslar
Number: 325

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:42:14

Speed: 9.69 km/h
Running performance: 6:11 min/km

Rank in course/Total: 231 (of 456)

Rank in course/Women: 20 (of 57)

Best time in course: 2:11:42

Rank in category: 4(of 5)

Best time in the category: 2:18:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Loddenke	3.30	20:00	6:03	4	3:38	23	4:19	3.30	20:00	6:03	4	3:38	49
Schlüsie	3.10	20:58	6:45	4	2:46	18	3:34	6.40	40:58	6:24	4	6:24	49
Hermannsklippe	2.60	18:52	7:15	3	1:52	15	3:36	9.00	59:50	6:38	4	8:16	49
Brocken	3.10	31:42	10:13	3	2:54	20	7:17	12.10	1:31:32	7:33	4	11:10	49
Eiserner Handwe	3.60	19:02	5:17	3	3:02	16	3:11	15.70	1:50:34	7:02	4	14:12	49
Schlüsie	4.10	19:48	4:49	5	4:53	31	5:25	19.80	2:10:22	6:35	4	19:05	49
Loddenke	3.10	15:13	4:54	3	2:39	21	2:58	22.90	2:25:35	6:21	4	21:44	49
Ilseburg/Markt	3.30	16:39	5:02	4	1:46	21	3:19	26.20	2:42:14	6:11	4	23:30	20 30:32