



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Hildebrandt, Susann

Club: SV Rot-Weiß Abbenrode
Number: 713

Course: 3.90 km
3,9 km - Lauf

Category:
weibliche Jugend U16 (14-15 Jahre)

Total time: 26:47

Speed: 8.74 km/h
Running performance: 6:52 min/km

Rank in course/Total: 36 (of 41)
Rank in course/Women: 10 (of 15)

Best time in course: 18:51
Rank in category: 4(of 5)
Best time in the category: 19:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Prinzess Ilse Que	1.90	12:42	6:41	4	2:51	10	3:02	1.90	12:42	6:41	4	2:51	10	3:02
Ilseburg/Markt	2.00	14:05	7:02	4	4:54	12	4:54	3.90	26:47	6:52	4	7:45	10	7:56