



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Schröter, Jan

Club: Hamburg
Number: 88

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:43:39

Speed: 9.53 km/h
Running performance: 6:15 min/km

Rank in course/Total: 241 (of 456)

Rank in course/Men: 220 (of 399)

Best time in course: 1:39:03

Rank in category: 25(of 39)

Best time in the category: 1:50:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Loddenke	3.30	20:26	6:11	29	6:34	265	7:55	3.30	20:26	6:11	6		175	7:51
Schlüsie	3.10	20:18	6:32	22	5:15	189	6:56	6.40	40:44	6:21	6		204	14:44
Hermannsklippe	2.60	18:21	7:03	21	5:19	187	6:48	9.00	59:05	6:33	6		171	21:25
Brocken	3.10	31:50	10:16	25	11:18	223	13:49	12.10	1:30:55	7:30	6		220	34:51
Eiserner Handwe	3.60	21:27	5:57	30	8:31	282	9:24	15.70	1:52:22	7:09	6		220	44:12
Schlüsie	4.10	19:43	4:48	29	7:24	252	8:45	19.80	2:12:05	6:40	6		220	52:57
Loddenke	3.10	15:23	4:57	21	4:51	208	5:59	22.90	2:27:28	6:26	6		220	58:56
Ilseburg/Markt	3.30	16:11	4:54	17	4:03	154	5:40	26.20	2:43:39	6:14	25	53:15	220	1:04:36