



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Welnitz, Oliver

Club: Hell Runners
Number: 450

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:44:25

Speed: 9.56 km/h
Running performance: 6:17 min/km

Rank in course/Total: 248 (of 456)

Rank in course/Men: 225 (of 399)

Best time in course: 1:39:03

Rank in category: 43(of 55)

Best time in the category: 1:50:22

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 19:24 | 5:52 | 38 | 6:01 | 192 | 6:53 | 3.30 | 19:24 | 5:52 | 16 | 1:09 | 225 | 6:49 |
| Schlüsie | 3.10 | 19:49 | 6:23 | 34 | 5:22 | 163 | 6:27 | 6.40 | 39:13 | 6:07 | 16 | 0:21 | 225 | 13:13 |
| Hermannsklippe | 2.60 | 18:24 | 7:04 | 39 | 5:24 | 193 | 6:51 | 9.00 | 57:37 | 6:24 | 16 | 0:02 | 225 | 19:57 |
| Brocken | 3.10 | 29:19 | 9:27 | 27 | 9:01 | 141 | 11:18 | 12.10 | 1:26:56 | 7:11 | 16 | | 194 | 30:52 |
| Eiserner Handwe | 3.60 | 20:53 | 5:48 | 46 | 7:35 | 268 | 8:50 | 15.70 | 1:47:49 | 6:52 | 16 | | 225 | 39:39 |
| Schlüsie | 4.10 | 20:03 | 4:53 | 48 | 7:41 | 268 | 9:05 | 19.80 | 2:07:52 | 6:27 | 16 | | 225 | 48:44 |
| Loddenke | 3.10 | 17:09 | 5:31 | 45 | 6:37 | 287 | 7:45 | 22.90 | 2:25:01 | 6:19 | 16 | | 225 | 56:29 |
| Ilseburg/Markt | 3.30 | 19:24 | 5:52 | 45 | 7:17 | 300 | 8:53 | 26.20 | 2:44:25 | 6:16 | 43 | 54:03 | 225 | 1:05:22 |