



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Wanielik, Jens

Club: Wolfenbüttel
Number: 174

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:44:44

Speed: 9.47 km/h
Running performance: 6:17 min/km

Rank in course/Total: 250 (of 456)

Rank in course/Men: 227 (of 399)

Best time in course: 1:39:03

Rank in category: 26(of 39)

Best time in the category: 1:50:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:25	5:16	14	3:33	108	4:54	3.30	17:25	5:16	7		228	4:50
Schlüsie	3.10	19:36	6:19	19	4:33	150	6:14	6.40	37:01	5:47	7		155	11:01
Hermannsklippe	2.60	18:24	7:04	23	5:22	193	6:51	9.00	55:25	6:09	7		228	17:45
Brocken	3.10	31:33	10:10	24	11:01	213	13:32	12.10	1:26:58	7:11	7		228	30:54
Eiserner Handwe	3.60	18:32	5:08	21	5:36	173	6:29	15.70	1:45:30	6:43	7		228	37:20
Schlüsie	4.10	17:55	4:22	20	5:36	171	6:57	19.80	2:03:25	6:13	7		228	44:17
Loddenke	3.10	18:12	5:52	33	7:40	315	8:48	22.90	2:21:37	6:11	7		228	53:05
Ilseburg/Markt	3.30	23:07	7:00	35	10:59	366	12:36	26.20	2:44:44	6:17	26	54:20	227	1:05:41