



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Fischer, Georg

Club: TuS Griesheim  
Number: 79

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 2:45:07

Speed: 9.45 km/h  
Running performance: 6:18 min/km

Rank in course/Total: 254 (of 456)

Rank in course/Men: 230 (of 399)

Best time in course: 1:39:03

Rank in category: 34(of 63)

Best time in the category: 2:02:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:24	5:52	32	4:36	192	6:53	3.30	19:24	5:52	3		225	6:49
Schlüsie	3.10	20:14	6:31	31	3:53	185	6:52	6.40	39:38	6:11	3		230	13:38
Hermannsklippe	2.60	19:42	7:34	35	5:25	244	8:09	9.00	59:20	6:35	3		230	21:40
Brocken	3.10	34:41	11:11	46	11:46	293	16:40	12.10	1:34:01	7:46	3		230	37:57
Eiserner Handwe	3.60	20:44	5:45	42	6:01	265	8:41	15.70	1:54:45	7:18	3		230	46:35
Schlüsie	4.10	20:13	4:55	38	6:29	274	9:15	19.80	2:14:58	6:48	3		230	55:50
Loddenke	3.10	14:28	4:40	22	2:43	151	5:04	22.90	2:29:26	6:31	3		230	1:00:54
Ilseburg/Markt	3.30	15:41	4:45	19	2:33	129	5:10	26.20	2:45:07	6:18	34	42:33	230	1:06:04