



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Annecke, Bernd

Club: Jersleben
Number: 266

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:45:15

Speed: 9.44 km/h
Running performance: 6:19 min/km

Rank in course/Total: 255 (of 456)

Rank in course/Men: 231 (of 399)

Best time in course: 1:39:03

Rank in category: 35(of 63)

Best time in the category: 2:02:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:42	6:16	46	5:54	285	8:11	3.30	20:42	6:16	4	0:02	231	8:07
Schlüsie	3.10	22:06	7:07	42	5:45	275	8:44	6.40	42:48	6:41	4		231	16:48
Hermannsklippe	2.60	19:37	7:32	34	5:20	239	8:04	9.00	1:02:25	6:56	4		231	24:45
Brocken	3.10	33:24	10:46	41	10:29	260	15:23	12.10	1:35:49	7:55	4		231	39:45
Eiserner Handwe	3.60	18:56	5:15	31	4:13	195	6:53	15.70	1:54:45	7:18	3		230	46:35
Schlüsie	4.10	18:41	4:33	29	4:57	201	7:43	19.80	2:13:26	6:44	4		231	54:18
Loddenke	3.10	14:58	4:49	28	3:13	180	5:34	22.90	2:28:24	6:28	4		231	59:52
Ilseburg/Markt	3.30	16:51	5:06	29	3:43	191	6:20	26.20	2:45:15	6:18	35	42:41	231	1:06:12