



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Kramer, Freya

Club: Hannover
Number: 990

Course: 26.20 km
26,2 km - Wanderung

Category:
Frauen

Total time: 4:31:28

Speed: 5.75 km/h
Running performance: 10:22 min/km

Rank in course/Total: 13 (of 23)
Rank in course/Women: 6 (of 13)
Best time in course: 3:54:08

Rank in category: 6(of 13)
Best time in the category: 3:54:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	30:39	9:17	6	1:47	6	1:47	3.30	30:39	9:17	5	1:47	5	1:47
Schlüsie	3.10	30:46	9:55	5	2:08	5	2:08	6.40	1:01:25	9:35	5	3:55	5	3:55
Hermannsklippe	2.60	26:50	10:19	4	2:15	4	2:15	9.00	1:28:15	9:48	5	6:10	5	6:10
Brocken	3.10	42:58	13:51	4	6:01	4	6:01	12.10	2:11:13	10:50	5	12:11	5	12:11
Eiserner Handwe	3.60	45:16	12:34	11	15:42	11	15:42	15.70	2:56:29	11:14	5	24:32	5	24:32
Schlüsie	4.10	35:18	8:36	8	6:28	8	6:28	19.80	3:31:47	10:41	5	28:11	5	28:11
Loddenke	3.10	28:43	9:15	8	7:53	8	7:53	22.90	4:00:30	10:30	5	32:53	5	32:53
Ilseburg/Markt	3.30	30:58	9:23	9	6:42	9	6:42	26.20	4:31:28	10:21	6	37:20	6	37:20