



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Möller, Udo

Club: SPIRIDON Laufmagazin
Number: 191

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:46:59

Speed: 9.34 km/h
Running performance: 6:22 min/km

Rank in course/Total: 266 (of 456)

Rank in course/Men: 241 (of 399)

Best time in course: 1:39:03

Rank in category: 38(of 63)

Best time in the category: 2:02:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:27	5:53	34	4:39	195	6:56	3.30	19:27	5:53	7		59	6:52
Schlüsie	3.10	23:01	7:25	50	6:40	306	9:39	6.40	42:28	6:38	7		241	16:28
Hermannsklippe	2.60	20:46	7:59	45	6:29	282	9:13	9.00	1:03:14	7:01	7		241	25:34
Brocken	3.10	33:54	10:56	45	10:59	275	15:53	12.10	1:37:08	8:01	7		241	41:04
Eiserner Handwe	3.60	19:30	5:25	35	4:47	219	7:27	15.70	1:56:38	7:25	7		241	48:28
Schlüsie	4.10	18:58	4:37	34	5:14	220	8:00	19.80	2:15:36	6:50	7		241	56:28
Loddenke	3.10	15:23	4:57	33	3:38	208	5:59	22.90	2:30:59	6:35	7		241	1:02:27
Ilseburg/Markt	3.30	16:00	4:50	22	2:52	144	5:29	26.20	2:46:59	6:22	38	44:25	241	1:07:56