



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Engelmann, Jenny

Club: WSV Benneckenstein
Number: 275

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:47:08

Speed: 9.33 km/h
Running performance: 6:23 min/km

Rank in course/Total: 267 (of 456)

Rank in course/Women: 26 (of 57)

Best time in course: 2:11:42

Rank in category: 5(of 11)

Best time in the category: 2:25:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:19	5:51	3	2:16	17	3:38	3.30	19:19	5:51	5	2:16	55	
Schlüsie	3.10	20:46	6:41	5	1:31	16	3:22	6.40	40:05	6:15	5	3:47	55	
Hermannsklippe	2.60	19:32	7:30	5	2:24	23	4:16	9.00	59:37	6:37	5	6:11	55	
Brocken	3.10	35:45	11:31	11	6:42	43	11:20	12.10	1:35:22	7:52	5	12:53	55	
Eiserner Handwe	3.60	19:51	5:30	6	2:36	29	4:00	15.70	1:55:13	7:20	5	15:29	55	
Schlüsie	4.10	18:43	4:33	4	2:03	22	4:20	19.80	2:13:56	6:45	5	17:32	55	
Loddenke	3.10	15:31	5:00	5	1:53	26	3:16	22.90	2:29:27	6:31	5	19:25	55	
Ilseburg/Markt	3.30	17:41	5:21	6	2:37	27	4:21	26.20	2:47:08	6:22	5	22:02	26	35:26