



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Rohr, Michael

Club: Wernigerode
Number: 319

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:47:09

Speed: 9.33 km/h
Running performance: 6:23 min/km

Rank in course/Total: 268 (of 456)

Rank in course/Men: 242 (of 399)

Best time in course: 1:39:03

Rank in category: 3(of 20)

Best time in the category: 2:22:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:30	6:30	10	4:44	311	8:59	3.30	21:30	6:30	19	0:28	243	8:55
Schlüsie	3.10	21:33	6:57	3	2:35	250	8:11	6.40	43:03	6:43	19		243	17:03
Hermannsklippe	2.60	19:29	7:29	4	2:20	233	7:56	9.00	1:02:32	6:56	19		196	24:52
Brocken	3.10	30:39	9:53	3	2:41	187	12:38	12.10	1:33:11	7:42	19		243	37:07
Eiserner Handwe	3.60	19:50	5:30	5	3:17	235	7:47	15.70	1:53:01	7:11	19		243	44:51
Schlüsie	4.10	19:12	4:40	6	2:59	230	8:14	19.80	2:12:13	6:40	19		243	53:05
Loddenke	3.10	16:27	5:18	7	2:42	263	7:03	22.90	2:28:40	6:29	19		243	1:00:08
Ilseburg/Markt	3.30	18:29	5:36	8	3:02	270	7:58	26.20	2:47:09	6:22	3	24:20	242	1:08:06