



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Pfeiffer, Matthias

Club: Darlingerode
Number: 418

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:47:30

Speed: 9.31 km/h
Running performance: 6:23 min/km

Rank in course/Total: 270 (of 456)

Rank in course/Men: 244 (of 399)

Best time in course: 1:39:03

Rank in category: 44(of 55)

Best time in the category: 1:50:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:20	5:51	36	5:57	189	6:49	3.30	19:20	5:51	17	1:05	199	6:45
Schlüsie	3.10	20:04	6:28	38	5:37	176	6:42	6.40	39:24	6:09	17	0:32	244	13:24
Hermannsklippe	2.60	17:37	6:46	28	4:37	144	6:04	9.00	57:01	6:20	17		244	19:21
Brocken	3.10	35:08	11:19	49	14:50	297	17:07	12.10	1:32:09	7:36	17		244	36:05
Eiserner Handwe	3.60	19:30	5:25	42	6:12	219	7:27	15.70	1:51:39	7:06	17		244	43:29
Schlüsie	4.10	19:22	4:43	44	7:00	240	8:24	19.80	2:11:01	6:37	17		201	51:53
Loddenke	3.10	16:17	5:15	43	5:45	253	6:53	22.90	2:27:18	6:25	17	0:37	244	58:46
Ilseburg/Markt	3.30	20:12	6:07	47	8:05	318	9:41	26.20	2:47:30	6:23	44	57:08	244	1:08:27