



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Zetsche, Axel

Club: Osterwieck
Number: 373

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:48:25

Speed: 9.26 km/h
Running performance: 6:26 min/km

Rank in course/Total: 277 (of 456)

Rank in course/Men: 250 (of 399)

Best time in course: 1:39:03

Rank in category: 60(of 99)

Best time in the category: 2:00:26

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	20:28	6:12	65	6:16	271	7:57	3.30	20:28	6:12	16		250	7:53
Schlüsie	3.10	21:21	6:53	57	5:17	235	7:59	6.40	41:49	6:32	16		250	15:49
Hermannsklippe	2.60	19:42	7:34	59	5:27	244	8:09	9.00	1:01:31	6:50	16		250	23:51
Brocken	3.10	32:31	10:29	56	9:53	244	14:30	12.10	1:34:02	7:46	16		250	37:58
Eiserner Handwe	3.60	19:57	5:32	61	5:34	241	7:54	15.70	1:53:59	7:15	16		250	45:49
Schlüsie	4.10	19:48	4:49	61	5:48	258	8:50	19.80	2:13:47	6:45	16		246	54:39
Loddenke	3.10	16:29	5:19	67	5:20	266	7:05	22.90	2:30:16	6:33	16		250	1:01:44
Ilseburg/Markt	3.30	18:09	5:30	65	6:02	254	7:38	26.20	2:48:25	6:25	60	47:59	250	1:09:22