



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Springer, Andreas

Club: LG Leipzig-Grünau
Number: 49

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:48:27

Speed: 9.26 km/h
Running performance: 6:26 min/km

Rank in course/Total: 278 (of 456)

Rank in course/Men: 251 (of 399)

Best time in course: 1:39:03

Rank in category: 4(of 20)

Best time in the category: 2:22:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	22:07	6:42	13	5:21	332	9:36	3.30	22:07	6:42	18	1:05	251	9:32
Schlüsie	3.10	22:40	7:18	8	3:42	294	9:18	6.40	44:47	6:59	18	0:12	251	18:47
Hermannsklippe	2.60	20:31	7:53	8	3:22	273	8:58	9.00	1:05:18	7:15	18		251	27:38
Brocken	3.10	33:55	10:56	10	5:57	276	15:54	12.10	1:39:13	8:11	18		251	43:09
Eiserner Handwe	3.60	18:49	5:13	2	2:16	190	6:46	15.70	1:58:02	7:31	18		251	49:52
Schlüsie	4.10	18:00	4:23	2	1:47	175	7:02	19.80	2:16:02	6:52	18		251	56:54
Loddenke	3.10	15:09	4:53	3	1:24	191	5:45	22.90	2:31:11	6:36	18		251	1:02:39
Ilseburg/Markt	3.30	17:16	5:13	4	1:49	207	6:45	26.20	2:48:27	6:25	4	25:38	251	1:09:24