



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Korte, Norbert

Club: LC Wuppertal
Number: 173

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:48:56

Speed: 9.23 km/h
Running performance: 6:27 min/km

Rank in course/Total: 281 (of 456)

Rank in course/Men: 254 (of 399)

Best time in course: 1:39:03

Rank in category: 5(of 20)

Best time in the category: 2:22:49

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke | 3.30 | 20:34 | 6:13 | 4 | 3:48 | 274 | 8:03 | 3.30 | 20:34 | 6:13 | 17 | | 254 | 7:59 |
| Schlüsie | 3.10 | 22:53 | 7:22 | 9 | 3:55 | 303 | 9:31 | 6.40 | 43:27 | 6:47 | 17 | | 254 | 17:27 |
| Hermannsklippe | 2.60 | 20:19 | 7:48 | 7 | 3:10 | 267 | 8:46 | 9.00 | 1:03:46 | 7:05 | 17 | | 254 | 26:06 |
| Brocken | 3.10 | 30:42 | 9:54 | 4 | 2:44 | 189 | 12:41 | 12.10 | 1:34:28 | 7:48 | 17 | | 254 | 38:24 |
| Eiserner Handwe | 3.60 | 19:35 | 5:26 | 4 | 3:02 | 224 | 7:32 | 15.70 | 1:54:03 | 7:15 | 17 | | 254 | 45:53 |
| Schlüsie | 4.10 | 18:47 | 4:34 | 3 | 2:34 | 207 | 7:49 | 19.80 | 2:12:50 | 6:42 | 17 | | 254 | 53:42 |
| Loddenke | 3.10 | 16:13 | 5:13 | 5 | 2:28 | 246 | 6:49 | 22.90 | 2:29:03 | 6:30 | 17 | | 242 | 1:00:31 |
| Ilseburg/Markt | 3.30 | 19:53 | 6:01 | 15 | 4:26 | 308 | 9:22 | 26.20 | 2:48:56 | 6:26 | 5 | 26:07 | 254 | 1:09:53 |