



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Gasse, Thomas

Club: SV Eintracht Elster e.V.
Number: 183

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:49:08

Speed: 9.22 km/h
Running performance: 6:28 min/km

Rank in course/Total: 282 (of 456)

Rank in course/Men: 255 (of 399)

Best time in course: 1:39:03

Rank in category: 26(of 32)

Best time in the category: 1:39:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:55	5:25	14	5:20	130	5:24	3.30	17:55	5:25	8		255	5:20
Schlüsie	3.10	20:51	6:43	22	7:26	214	7:29	6.40	38:46	6:03	8		255	12:46
Hermannsklippe	2.60	19:34	7:31	24	7:54	235	8:01	9.00	58:20	6:28	8	1:29	255	20:40
Brocken	3.10	33:51	10:55	26	15:27	272	15:50	12.10	1:32:11	7:37	8	4:52	255	36:07
Eiserner Handwe	3.60	20:11	5:36	26	8:05	244	8:08	15.70	1:52:22	7:09	8	5:49	220	44:12
Schlüsie	4.10	20:23	4:58	27	9:25	279	9:25	19.80	2:12:45	6:42	8	7:50	255	53:37
Loddenke	3.10	16:07	5:11	25	6:43	241	6:43	22.90	2:28:52	6:30	8	9:32	232	1:00:20
Ilseburg/Markt	3.30	20:16	6:08	28	9:45	320	9:45	26.20	2:49:08	6:27	26	1:10:05	255	1:10:05