



43. Brockenlauf  
Ilseburg / 07.09.2013

Detailed evaluation

Schimmer, Torsten

Club: Bad Rappenau  
Number: 112

Course: 26.20 km  
26,2 km - Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:50:02

Speed: 9.17 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 285 (of 456)

Rank in course/Men: 258 (of 399)

Best time in course: 1:39:03

Rank in category: 29(of 39)

Best time in the category: 1:50:24

| Intermediate times |          |            |              | Stage score |             |         |            | Total ranking |            |              |          |             |         |            |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control            | Split km | Split Time | Split min/km | Pos Cat.    | Behind Cat. | Pos Men | Behind Men | Total km      | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Loddenke           | 3.30     | 20:24      | 6:10         | 27          | 6:32        | 262     | 7:53       | 3.30          | 20:24      | 6:10         | 10       |             | 258     | 7:49       |
| Schlüsie           | 3.10     | 21:12      | 6:50         | 25          | 6:09        | 229     | 7:50       | 6.40          | 41:36      | 6:30         | 10       |             | 258     | 15:36      |
| Hermannsklippe     | 2.60     | 19:47      | 7:36         | 28          | 6:45        | 246     | 8:14       | 9.00          | 1:01:23    | 6:49         | 10       |             | 258     | 23:43      |
| Brocken            | 3.10     | 33:59      | 10:57        | 29          | 13:27       | 280     | 15:58      | 12.10         | 1:35:22    | 7:52         | 10       |             | 258     | 39:18      |
| Eiserner Handwe    | 3.60     | 20:15      | 5:37         | 27          | 7:19        | 250     | 8:12       | 15.70         | 1:55:37    | 7:21         | 10       |             | 258     | 47:27      |
| Schlüsie           | 4.10     | 19:18      | 4:42         | 25          | 6:59        | 235     | 8:20       | 19.80         | 2:14:55    | 6:48         | 10       |             | 258     | 55:47      |
| Loddenke           | 3.10     | 16:14      | 5:14         | 27          | 5:42        | 248     | 6:50       | 22.90         | 2:31:09    | 6:36         | 10       |             | 258     | 1:02:37    |
| Ilseburg/Markt     | 3.30     | 18:53      | 5:43         | 29          | 6:45        | 279     | 8:22       | 26.20         | 2:50:02    | 6:29         | 29       | 59:38       | 258     | 1:10:59    |