



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Block, Daniel

Club: SV Sportlust Gröna
Number: 192

Course: 26.20 km
26,2 km - Lauf

Category:
Männer (20-29 Jahre)

Total time: 2:50:32

Speed: 9.15 km/h
Running performance: 6:31 min/km

Rank in course/Total: 288 (of 456)

Rank in course/Men: 261 (of 399)

Best time in course: 1:39:03

Rank in category: 32(of 40)

Best time in the category: 1:41:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	19:51	6:00	29	7:20	231	7:20	3.30	19:51	6:00	12		89	7:16
Schlüsie	3.10	21:50	7:02	32	8:28	260	8:28	6.40	41:41	6:30	12	0:57	261	15:41
Hermannsklippe	2.60	19:56	7:39	32	8:23	252	8:23	9.00	1:01:37	6:50	12	2:34	261	23:57
Brocken	3.10	34:13	11:02	35	16:12	285	16:12	12.10	1:35:50	7:55	12	4:55	261	39:46
Eiserner Handwe	3.60	19:56	5:32	29	7:53	238	7:53	15.70	1:55:46	7:22	12	3:24	261	47:36
Schlüsie	4.10	17:27	4:15	22	6:05	153	6:29	19.80	2:13:13	6:43	12	1:08	261	54:05
Loddenke	3.10	15:40	5:03	31	5:33	223	6:16	22.90	2:28:53	6:30	12	1:25	261	1:00:21
Ilseburg/Markt	3.30	21:39	6:33	38	10:13	347	11:08	26.20	2:50:32	6:30	32	1:08:50	261	1:11:29