



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Eyermann, Heike

Club: Brockenlaufverein Ilseburg
Number: 254

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:50:49

Speed: 9.13 km/h
Running performance: 6:31 min/km

Rank in course/Total: 291 (of 456)

Rank in course/Women: 28 (of 57)

Best time in course: 2:11:42

Rank in category: 7(of 11)

Best time in the category: 2:25:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	19:39	5:57	4	2:36	19	3:58	3.30	19:39	5:57	7	2:36	57	
Schlüsie	3.10	21:09	6:49	6	1:54	19	3:45	6.40	40:48	6:22	7	4:30	57	
Hermannsklippe	2.60	19:35	7:31	6	2:27	25	4:19	9.00	1:00:23	6:42	7	6:57	57	
Brocken	3.10	34:45	11:12	7	5:42	35	10:20	12.10	1:35:08	7:51	7	12:39	57	
Eiserner Handwe	3.60	19:41	5:28	5	2:26	26	3:50	15.70	1:54:49	7:18	7	15:05	57	
Schlüsie	4.10	18:51	4:35	5	2:11	24	4:28	19.80	2:13:40	6:45	7	17:16	57	
Loddenke	3.10	16:52	5:26	9	3:14	39	4:37	22.90	2:30:32	6:34	7	20:30	57	
Ilseburg/Markt	3.30	20:17	6:08	11	5:13	48	6:57	26.20	2:50:49	6:31	7	25:43	28	39:07