



43. Brockenlauf

Ilseburg / 07.09.2013

Detailed evaluation

Kellert, Jürgen

Club: NIX tun kann JEDER
Number: 279

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 2:51:35

Speed: 9.09 km/h
Running performance: 6:33 min/km

Rank in course/Total: 296 (of 456)

Rank in course/Men: 267 (of 399)

Best time in course: 1:39:03

Rank in category: 7(of 20)

Best time in the category: 2:22:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:04	6:23	8	4:18	296	8:33	3.30	21:04	6:23	15	0:02	156	8:29
Schlüsie	3.10	22:03	7:06	6	3:05	272	8:41	6.40	43:07	6:44	15		238	17:07
Hermannsklippe	2.60	19:54	7:39	5	2:45	251	8:21	9.00	1:03:01	7:00	15		267	25:21
Brocken	3.10	33:33	10:49	9	5:35	267	15:32	12.10	1:36:34	7:58	15		267	40:30
Eiserner Handwe	3.60	19:30	5:25	3	2:57	219	7:27	15.70	1:56:04	7:23	15		267	47:54
Schlüsie	4.10	20:08	4:54	7	3:55	269	9:10	19.80	2:16:12	6:52	15		267	57:04
Loddenke	3.10	16:54	5:27	10	3:09	279	7:30	22.90	2:33:06	6:41	15		267	1:04:34
Ilseburg/Markt	3.30	18:29	5:36	8	3:02	270	7:58	26.20	2:51:35	6:32	7	28:46	267	1:12:32