



43. Brockenlauf
Ilseburg / 07.09.2013

Detailed evaluation

Danner, Tina

Club: Team Erdinger Alkoholfrei
Number: 71

Course: 26.20 km
26,2 km - Lauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:52:18

Speed: 9.05 km/h
Running performance: 6:35 min/km

Rank in course/Total: 298 (of 456)

Rank in course/Women: 31 (of 57)

Best time in course: 2:11:42

Rank in category: 8(of 11)

Best time in the category: 2:25:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	20:52	6:19	9	3:49	33	5:11	3.30	20:52	6:19	8	3:49	3	
Schlüsie	3.10	22:38	7:18	9	3:23	34	5:14	6.40	43:30	6:47	8	7:12	3	
Hermannsklippe	2.60	20:48	8:00	8	3:40	35	5:32	9.00	1:04:18	7:08	8	10:52	3	
Brocken	3.10	33:30	10:48	6	4:27	28	9:05	12.10	1:37:48	8:04	8	15:19	3	
Eiserner Handwe	3.60	20:16	5:37	8	3:01	33	4:25	15.70	1:58:04	7:31	8	18:20	3	
Schlüsie	4.10	20:39	5:02	8	3:59	35	6:16	19.80	2:18:43	7:00	8	22:19	3	
Loddenke	3.10	15:46	5:05	6	2:08	28	3:31	22.90	2:34:29	6:44	8	24:27	3	
Ilseburg/Markt	3.30	17:49	5:23	8	2:45	29	4:29	26.20	2:52:18	6:34	8	27:12	31	40:36